

# The Most Holy Body and Blood of Christ

## Mass Schedule

**Saturday, 21 June**      **Saint Aloysius Gonzaga**

3:30 pm ... Confession & Reconciliation

4 pm ... ☩Carl (Sonny) Bienvenue by Mary Marszal

**Sunday, 22 June**      **Corpus Christi**

7:30 am ... ☩John Deswert by Margaret Deswert

9:30 am ... ☩Ralph Johnson by The Johnson Family

5 pm ... ☩Anne & Vincent McHugh by Mary Sullivan

**Monday, 23 June**

12:30 pm ... ☩Monique Chamberlain by Dennis & Eileen Smith

**Tuesday, 24 June**

12:30 pm ... ☩John & ☩Helen Zygmunt by Kathy Gunther

**Wednesday, 25 June**

12:30 pm ... ☩Yvie Livernois (4th Anniv.) by Kerri Stanley

**Thursday, 26 June**      **Saint Romuald**

12:30 pm ... ☩John & ☩Helen Zygmunt by Kathy Gunther

**Friday, 27 June**

12:30 pm ... ☩Romain & ☩Louise Marcoux by Diane Gallant

**Saturday, 28 June**      **Saint Aloysius Gonzaga**

3:30 pm ... Confession & Reconciliation

4 pm ... ☩Corazon A. Lopez by Leandro & Catherine Lopez

**Sunday, 29 June**      **Saints Peter & Paul, Apostles**

7:30 am ... ☩Edward Moran by Margaret-Ann Moran

9:30 am ... ☩Joseph Dyrkacz (30th Anniv.) by Mary Dyrkacz

5 pm ... ☩Anne & Vincent McHugh by Mary Sullivan

## In The News



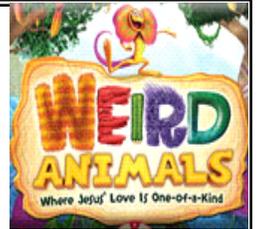
**PLEASE NOTE:** P. Jerome will be on vacation the week of June 22. **All daily Masses Monday, June 23 through Friday, June 27 will be held at 12:30 pm.** All Confessions will be suspended for the week.



This summer, Saint Raphael Parish will offer a four week study on Saint Paul's *Letter to the Galatians*, on **Tuesdays at 7 pm, July 8-29.** This letter is one of the earliest New Testament documents and shows how the Early Church handled

the important theological issues that allowed it to grow, in particular the issue of whether new Christians had to follow an essentially Jewish way of life. Saint Paul was firmly convinced that Jesus Christ had brought in a new era of life in the Spirit, and he argues persuasively about how faith in Christ should be lived out in the contemporary world. Facilitated by pastoral assistant Anna Wallich.

**VBS is coming!...** Saint Raphael's ever popular Vacation Bible School is coming! This year, **VBS will take place July 14-18 from 9 am-12 pm.** Registration forms can be found on our website, [www.saint-raphael-parish.com](http://www.saint-raphael-parish.com), under the link "News and Events." You don't have to be a member of Saint Raphael to attend, so invite your friends and join in the fun!



### Readings for the week of June 22, 2014

**Monday:** 2 Kgs 17:5-8, 13-15a, 18; Ps 60:3-5, 12-13; Mt 7:1-5; **Tuesday:** Vigil: Jer 1:4-10; Ps 71:1-6, 15, 17; 1 Pt 1:8-12; Lk 1:5-17. Day: Is 49:1-6; Ps 139:1-3, 13-15; Acts 13:22-26; Lk 1:57-66, 80; **Wednesday:** 2 Kgs 22:8-13; 23:1-3; Ps 119:33-37, 40; Mt 7:15-20; **Thursday:** 2 Kgs 24:8-17; Ps 79:1b-5, 8-9; Mt 7:21-29; **Friday:** Dt 7:6-11; Ps 103:1-4, 6-8, 10; 1 Jn 4:7-16; Mt 11:25-30; **Saturday:** Lam 2:2, 10-14, 18-19; Ps 74:1b-7, 20-21; Mt 8:15-17 or, for the Memorial of the Immaculate Heart, Is 61:9-11; Lk 2:41-51; **Next Sunday:** Vigil: Acts 3:1-10; Ps 19:2-5; Gal 1:11-20; Jn 21:15-19. Day: Acts 12:1-11; Ps 34:2-9; 2 Tm 4:6-8, 17-18; Mt 16:13-19



**Sanctuary candle** The sanctuary candle burns this week for **Sonny Bienvenue** by Mary B. Marzal.



Catholic Charities

This week, we continue Catholic Charities' Annual Campaign. Our parish's contribution goal is **\$30,000.** To date, we have raised **\$6,670. Thank you!** When tragedy strikes our friends and neighbors,

Catholic Charities is there to provide help and encourage hope. Your gift moves lives forward. Last year, 1-in-13 people from all faiths and backgrounds in New Hampshire were served thanks to your gift. Your support strengthens families and improves lives.

## Our noisy, overwrought times need a champion of silence and solitude

The little congregation that hears my homilies on weekdays deserves a lot of credit for, well, listening to my homilies! And in the nature of Church life, the other day the Church marked the feast of a saint whose esteem for **silence and solitude** has earned him the admiration of men and women for more than a thousand years.

My homily on **Saint Romuald's** feast began with silence – maybe only 30 or 40 seconds – enough to make all of us a little uncomfortable. But that was one of my points: why are we contemporary men and women **so ill at ease in the presence of silence?** Why do we feel the need to fill in the “space” of silence, often with mindless chatter or relentless music? In the same way, **why are we so frightened** by moments of solitude?

Have you ever noticed how often people these days seem to “hang off” each other but cannot abide portions of the day alone – unless they are plugged in technologically so they can be flooded with more noise?

Romuald, who founded the **Camaldolese branch of the Benedictine order**, was a hermit. In our society, hermits are relatively rare and unknown. I remember years ago attending a monastic formation workshop where we met someone who identified herself as the “archdiocesan hermit.” She was living in the Boston area and had sought the formal approval of the cardinal archbishop to live as a hermit. It all seemed rather strange to me.

Like the rest of us, hermits are summoned to live **in relationship with Christ and his Church through faith, hope and charity**. But they specifically seek to deepen their love of God and man through solitude and silence. As such, hermits provide a guidepost to the Church of two values that are critical in encountering Christ: solitude and silence.



Unless we can cut away some time, even very limited time, **to be “alone with the Lord,”** which is a very healthy kind of **solitude**, we will find it difficult to review and reflect on our lives in any meaningful way. Ever since ancient times, it has been well understood that **we need to “sift our thoughts,”** as the old Desert Fathers once taught.

We need to review our behavior and attitude, think about what we have failed to do and what we ought to do, consider our goals and aspirations, acknowledge our sins and offenses, count our blessings, remember our responsibilities, confront our demons and **place ourselves in the presence of the God who loves us.**

This last need, experiencing the love of God, is perhaps the most important, and for some of us it is also the most difficult. We need to reflect on **the many ways that we are loved by God** through the gift of life, faith, family, education, talent, interest, health, friendship and citizenship. To do that, however requires some time and space.

In the hurly burly of busy lives, work deadlines, house repairs, doctor visits, children’s school and sports schedules, concerns for others, and, of course, attention to spouses, it can be difficult, seemingly impossible to find time for solitude and silence. Yet without moments of solitude and silence, we

will never be able to **catch our spiritual, emotional and psychological breath.**

That’s why Romuald stands as a good reminder of the profound importance of **making a decision to include at least some silence and solitude** in our daily and weekly experience.

Romuald, who lived in Tuscany roughly **from 951 to 1027**, knew all about the temptations of the world, but when his aristocratic father insisted his son accompany him to a duel, things changed for the young man. He saw his father kill his opponent, and his perspective on what matters changed. In due course, he entered a Benedictine abbey, was elected abbot and then left to establish monasteries for a new and stricter form of religious life that emphasized silence and solitude. Among the monastic communities he founded were **Fonte Avellan, Camaldoli** (which gave its name to the order) and **Val di Castro**, where he died.

Romuald’s life had its share of excitement, despite his monastic instincts. Disgusted by the recalcitrant ways of the Benedictine monastery he first entered, he once quit and threw his abbatial crozier at the feet of the **Holy Roman Emperor**. Another time, Romuald told the **Doge of Venice**, the elected leader of the Venetian Republic, that he should resign and seek God. It was a little like telling George Bush or Barack Obama to clear out of the White House and enter a monastery. But that, in fact, is just what the Doge did, becoming a monk in Spain.

Happily, most of us don’t have to make such big changes to **privilege** a little silence and solitude in our lives. We can simply take a walk in the woods, canoe or kayak on a lake, climb a hill, relax in a park, spend some time before the Blessed Sacrament or unplug our technology to get started. The discoveries we make might amaze us!

© Rev. Jerome Joseph Day, O.S.B.



**If you have a family member who is currently serving in the U.S. Armed Forces, please contact the parish office at 623.2604 so that we can include them in our bulletin. Please keep in your prayers:**

**Kenneth Breuder  
Philip Breuder  
Corp. Noah Sarette  
Danielle Wells**



**Saint Raphael Food Pantry** This past Monday, June 16, the Food Pantry served **62 adults, 33 children, and gave out 55 bags of groceries.**



**New Summer Hours!** Please note that the office will be closed on Fridays during the months of July and August.

## Weekly Collection

**June 15, 2014**

Offertory Regular	\$ 2,903.00
Offertory Make-Up	\$ 129.00
Ascension of the Lord	\$ 11.00
Offertory Loose	\$ 761.60
<b>Total:</b>	<b>\$ 4,792.40</b>
<b>Stewardship</b>	<b>\$ 3,873.60</b>
<b>Food Pantry</b>	<b>\$ 25.00</b>