

 *Mass Intentions*

Sat., November 11	Saint Martin of Tours
4 PM ...	✠Robert "Bob" Breault by Margaret-Ann Moran
Sun., November 12	XXXII in Ordinary Time
7:30 AM ...	✠David & ✠Theresa Foley by Connie Raymond
9:30 AM ...	✠Margaret McGettigan by Diane Bolton
5 PM ...	❖Our Parish Family
Mon. November 13	Saint Frances Xavier Cabrini
12 PM ...	✠Dot, ✠Ray, ✠Roger LaRoche by Lil LaRoche
Tue., November 14	
12 PM ...	✠Shaun M. Keane by Jack & Colleen Byrne
Wed., November 15	Saint Albert the Great
12 PM ...	✠Erma Bauer by a friend
Thur., November 16	Saints Margaret and Gertrude
8:30 AM ...	✠Rita Monnelly by Margaret-Ann Moran
Fri., November 17	Saint Elizabeth of Hungary
6 PM ...	✠Kevin Smith by Brenda Robinson & family
Sat., November 18	Saint Rose Philippine Duchesne
4 PM ...	✠Charles Richard by Simone Richard
Sun., November 19	XXXIII in Ordinary Time
7:30 AM ...	✠Ernest Bienvenue by Elaine Wood
9:30 AM ...	❖Our Parish Family
5 PM ...	✠Francis Thomas O'Brien by Virginia Kelly

 **Sanctuary candle** The sanctuary candle burns this week for the **Las Vegas shooting victims** by Mikki Margaritis.

READINGS FOR THE WEEK of November 12, 2017

Monday:	Wis 1:1-7; Ps 139:1b-10; Lk 17:1-6
Tuesday:	Wis 2:23 - 3:9; Ps 34:2-3, 16-19; Lk 17:7-10
Wednesday:	Wis 6:1-11; Ps 82:3-4, 6-7; Lk 17:11-19
Thursday:	Wis 7:22b - 8:1; Ps 119:89-91, 130, 135, 175; Lk 17:20-25
Friday:	Wis 13:1-9; Ps 19:2-5ab; Lk 17:26-37
Saturday:	Wis 18:14-16; 19:6-9; Ps 105:2-3, 36-37, 42-43; Lk 18:1-8
Sunday:	Prv 31:10-13, 19-20, 30-31; Ps 128:1-5; 1 Thes 5:1-6; Mt 25:14-30 or Mt 25:14-15, 19-21
Sunday:	Mal 1:14b - 2:2b, 8-10; Ps 131:1-3; 1 Thes 2:7b

 **CELEBRATING NOVEMBER TRADITIONS** During November, we display our **Book of Remembrance** in the chapel by Saint Joseph. You are invited to write in the name of a deceased loved one who have died in the last year. We also invite parishioners to **BRING PHOTOS OF DECEASED LOVED ONES TO BE DISPLAYED ON THE STEPS OF THE MAIN ALTAR** as one of the ways in which we will honor and pray for the dead throughout the month.

 Congratulations to **Brendan James Campbell**, son of Nathan and Kathy (Savard) Campbell, who was baptized Nov. 5 by P. Jerome, O.S.B., pastor. **Let us strive, by our word and example, to create an environment for them to come to know the love of God and the meaning of "being church."**

Weekly Collection

Weekend of November 5, 2017

Regular Offertory	\$4,367.00
Make-Up Offertory	472.00
Loose Offertory	431.00
Online Offertory	375.00
Total Offertory	\$5,645.00
Stewardship Make Up	\$ 36.00
All Saints Holy Day	\$1,145.00
All Saints Loose	292.65
Total All Saints Day	\$1,437.65

Food Pantry	\$ 10.00

Last Year: Wknd of Nov. 6, 2016	
Total Offertory	\$6,471.75

 **Saint Raphael Food Pantry** On Monday, November 6, the Food Pantry served 13 families and gave out 23 bags of food.

 **Catholic Charities** **Goal: \$27,500**
Raised: \$21,600
Balance: \$ 5,900

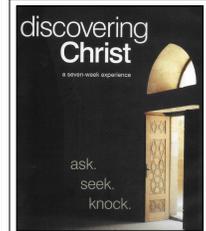
Please help us bridge the gap and reach our goal! We are so close! Thank you, donors! Please consider helping extend Christ's compassion!

CALENDAR OF EVENTS

Sunday, November 12	9:30 AM ... Religious Education
Mon., November 13	7 PM ... Food Pantry
Tue., November 14	12:45 PM ... Parish Nurse
Wed., November 15	7 PM ... Respect Life Committee Meeting
Thur., November 16	7 PM ... Book Discussion Group
Sat., November 18	9 AM—2 PM ... Christmas Fair

 Please join us on **Saturday, Nov. 18, 9 AM—2 p.m.** We will have over a dozen of a variety of vendors, as well as many crafters for you to peruse and shop, a bake sale, and more!! We have something for everyone on your list! Join us and bring a friend.

 **Oktoberfest Novemberfest thanks!** Thank you to all who attended our event this year. Food, fellowship, and friends made for a great time! Special thanks to all who helped with the event.

 **Parish Wide Opportunity Beginning in January 2018!** *Discovering Christ* will be a 7 week experience which will offer St. Raphael parishioners and friends an opportunity to encounter God's love through Jesus Christ. Participants will be given the chance to enter or enhance a personal relationship with Jesus Christ, to experience the love of the Father, and be empowered by the Holy Spirit to live as his children and to experience the gift of living for Christ. The course consists of seven sessions and a retreat day. Each session will include four components: 1. Dinner 2. Welcoming and Prayer 3. Teaching 4. Discussion. The sessions will be held on a weeknight, possibly Tuesdays, and the Retreat day will be a Saturday.

Calling all high school youth! Check out the things we are doing in November and December!

- Monday, Nov. 13** - No class (We will be helping in the Food Pantry.)
- Sunday, Nov. 19** - Hayride at Charmingfare Farm. We will leave St. Raphael at 4:15 pm and return at 7:15 pm. Please dress warmly as we will be outside for an hour and a half.
- Tuesday, Nov. 21** (6:00 - 7:30/8) Distribute Thanksgiving baskets.
- Monday, Dec. 4** (6:30-8) Discussion/Project on Advent.
- Monday, Dec. 11** (6:30-8) Making Christmas cards for seniors.
- Monday, Dec. 18** (6:30-8) Youth Group Christmas party with a Yankee Swap. Please bring a miscellaneous wrapped gift with a value of \$5 if you want to join the Yankee Swap.

Questions? Please call Lynne at 603.533.4574 or email jphotia-des@comcast.net.



Tourette's diagnosis was a shocker, but with God I can handle it!

My name is Mikaela Aherrera. I am 19 years old and a **sophomore special education major with a focus in English at Rivier University, Nashua**. I have been coming on this retreat for the past five years, and every year I get more and more excited. It is possible to have fun on this retreat and maybe even make a best friend that you never knew would be your best friend.

Five years ago, on this exact retreat I met my best friend, **Ashley Boie** and then the year after that I met my other best friend **Molly Hayden**. Having been in your shoes before, I know the feeling of not wanting to be here and thinking I could be doing so much more with my weekend than spending it here. These adults work so hard to try and make this an enjoyable weekend for all of us, and someday you will look back on this weekend and be so grateful for everything everyone here has done for you because I know I do. **Listen to our stories** and listen to your peer's stories. **Bond with your peers and your mentors**. These retreats can be the best experience you have as a young adult who is **invested in his or her Catholic faith**.

I believe that a fair statement to say is that my faith is at the highest it's ever been. At school, I am a part of the campus ministry, and music ministry. I go to my school's chapel every Sunday for Mass and on one Sunday evening a month, our music ministry sings at our night Mass. **I get so invested** into the music that we sing at Mass and all the activities in our campus ministry because everything we're doing is in the name of the Lord. I want to be able to please the Lord with everything I do. Although my faith is strong now, it hasn't always been this way. **I used to question the religion and God**. When bad things would happen to me, I would blame God for it and honestly sometimes I still do, but then again who doesn't?

One time when my faith wasn't as strong as it should be was when I was diagnosed with **Tourette's syndrome**. Starting my sophomore year of high school, I started having tics. I started to squeak with a high pitch and my limbs started flailing uncontrollably. The tics had stopped after a few months and then started coming back my freshman year of college. At one

point during that year, my friends and I were sitting in the library studying and doing our homework and **my tics started happening** while sitting at the computer.

I thought it was about time to take a break, so I went to a comfortable chair and sat down in it. Suddenly all my limbs; both arms and both legs started flailing uncontrollably. This episode lasted so long that I started crying out in pain. My friends were about ready to call an ambulance because my tics wouldn't stop. I called my mom bawling my eyes out because the pain of flailing my limbs hurt so bad. In April I went to see a neurologist who diagnosed me with Tourette's. **Tourette syndrome is a neuropsychiatric disorder**, characterized by multiple motor tics and at least one verbal tic. I remember thinking **I never asked for this to be my life**. I don't need to make people laugh or even feel bad for me, even when my body jerks, my right arm up in the air, my left arm straight out by my side.

I am more than just random body movements and awkward noises, more than just high-pitched squeaks and irrelevant claps. Before I was diagnosed a little less than a year ago, **every day was a constant struggle**. I couldn't concentrate on my schooling. It was interfering with my social life and was bothersome to my mental health. Now some days are harder than others, when my uncontrolla-

ble body movements take over and it seems like they're never going to stop. Other days, I can tic once or twice and be fine the rest of the day. I wasn't necessarily angry at God when I got diagnosed, but I questioned why. Why me? Why do I have to have this? **I have Tourette's because God believes that I am strong enough to handle all the repercussions of this syndrome**.

In Isaiah there is a verse that really stands out to me. Isaiah 41:10 reads, "Do not fear. I am with you; do not be anxious: **I am your God. I will strengthen you, I will help you, I will uphold you with**

my victorious right hand." In this verse, God is saying that we need to trust in him because he will always protect us. God won't put you through anything that he doesn't think you can't handle. Jesus Christ, the Son of God, is our messiah, he is our savior and he will do everything he can to protect his people.

I believe in the one and only God. My whole life, I've known Jesus and my faith. I've kept it close to my heart even at the times where I felt like not believing in him anymore. **Jesus is the Messiah**, he's our teacher and he has so many scriptures that need to be shared and passed on. You are vowing to stay a part of the Catholic Church without depending on the guidance of your parents and adult teachers from the church community.

You are saying yes to your faith. I want you all to understand this is an important step in your life and even though it may not feel like it now, I promise you Jesus will guide you in the right direction.



Annual Saint Raphael Youth Ministry Retreat: 'Talks by Teens' - 2 of 4

