Saint Raphael Parish
Evening Prayers for
Baby & Me

## Evening Prayers for Baby and Me

Prayer is the way that we communicate with God. While many of our prayers as adults includes spoken word, for young children, prayer is primarily praise and thanksgiving. Below are some Evening Prayers to pray with your child before bedtime.

#### Children's Bedside Prayer

Bless me, Lord, as this day ends, Bless my family and all my friends, keep me safe throughout the night, and wake me with the morning's light

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#### Now I Lay Me Down to Sleep

Now I lay me down to sleep,
I pray the Lord my soul to keep.
Angels watch me through the night,
And wake me with the morning light.

Amen.

#### Canticle of Mary

My soul proclaims the greatness of the Lord, My spirit rejoices in God my Savior For he has looked with favor on his lowly servant.

From this day all generations will call me blessed.: The Almighty has done great things for me, And holy is his Name.

He has mercy on those who fear him In every generation.

He has shown the strength of his arm, He has scattered the proud in their conceit.

He has cast down the mighty from their thrones, And has lifted up the lowly.

He has filled the hungry with good things, And the rich he has sent away empty.

He has come to the help of his servant Israel For he has remembered his promise of mercy, The promise he made to our fathers, To Abraham and his children for ever.

#### Canticle of Simeon

Lord, now let your servant go in peace; your word has been fulfilled.
My eyes have seen the salvation you have prepared in the sight of every people, a light to reveal you to the nations and the glory of your people, Israel.

#### Phos Hilaron

O radiant light, O sun divine of God the Father's deathless face, O image of the light sublime that fills the heavenly dwelling place.

Lord Jesus Christ, as daylight fades, as shine the lights of eventide, we praise the Father with the Son, the Spirit blest and with them one.

O Son of God, the source of life, praise is your due by night and day; unsullied lips must raise the strain of your proclaimed and splendid name.

### Thank you God

Thank you God for a lovely day, for sun and rain, for work and play. For all my family and my friends, and for your love which never ends.

Amen.



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