



**St. Raphael Parish**  
**Morning Prayers for**  
**Baby & Me**



# Morning Prayers for Baby and Me

Prayer is the way that we communicate with God. While many of our prayers as adults includes spoken word, for young children, prayer is primarily praise and thanksgiving. Below are some Morning Prayers, also called Lauds, to pray with your child – to welcome the beautiful new day and give praise and thanksgiving to God!

## ***This is the Day that the Lord Has Made (Psalm 118:24)***

*This is the day the Lord has made;  
Let us be glad and rejoice in it!*



## ***A Morning Offering for Children***

*Thank you, God, for giving us this day;  
Help us to be like Jesus in all we think, do, and say.*

*Amen.*



## Angel of God

*Angel of God, my guardian dear  
to whom God's love commits me here,  
ever this day be at my side,  
to light, to guard, to rule, and guide.*

*Amen.*



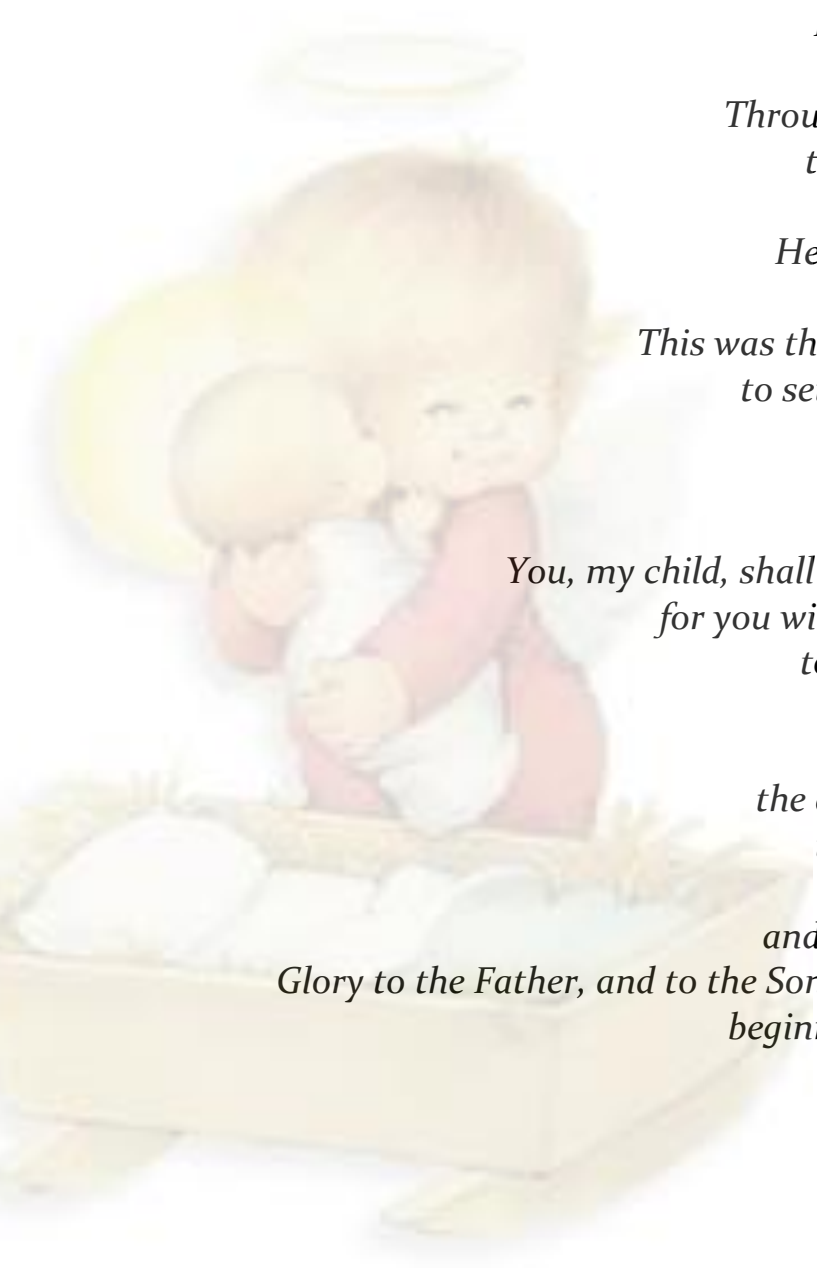
## Canticle of Zechariah (Benedictus)

*Blessed be the Lord, the God of Israel;  
he has come to His people and set them free.  
He has raised up for us a mighty savior,  
born of the house of His servant David.  
Through his holy prophets he promised of old  
that he would save us from our enemies,  
from the hands of all who hate us.  
He promised to show mercy to our fathers  
and to remember his holy Covenant.  
This was the oath he swore to our father Abraham:  
to set us free from the hands of our enemies,  
free to worship him without fear,  
holy and righteous in his sight  
all the days of our life.*

*You, my child, shall be called the prophet of the Most High;  
for you will go before the Lord to prepare his way,  
to give his people knowledge of salvation  
by the forgiveness of their sins.*

*In the tender compassion of our God  
the dawn from on high shall break upon us,  
to shine on those who dwell in darkness  
and the shadow of death,  
and to guide our feet into the way of peace.*

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the  
beginning, is now, and will be forever. Amen.*





## **St. Patrick's Breastplate (Lorica of St. Patrick)**

*I arise today through  
God's strength to pilot me, God's might to uphold me,  
God's wisdom to guide me, God's eyes to see before me,  
God's ear to hear me, God's word to speak for me,  
God's hand to guard me, God's way to lie before me,  
God's shield to protect me, God's host to secure me  
against snares of devils,  
against temptations and vices,  
against inclinations of nature,  
against everyone who shall wish me ill,  
whether far or near,  
alone and in a crowd ...*

*Christ, be with me, Christ before me, Christ behind me,  
Christ in me, Christ beneath me, Christ above me,  
Christ on my right, Christ on my left, Christ where I lie, Christ where I sit  
Christ where I arise, Christ in the heart of every man who thinks of me,  
Christ in the mouth of every man who speaks of me,  
Christ in every eye that sees me, Christ in every ear that hears me.*

*Salvation is of the Lord. Salvation is of the Lord. Salvation is of Christ.  
May your salvation, O Lord, be ever with us.*

*Amen.*



## *Prayer of Saint Francis*

*Lord, make me an instrument of your peace;  
where there is hatred, let me sow love;  
where there is injury, pardon;  
where there is error, truth;  
where there is doubt, faith;  
where there is despair, hope;  
where there is darkness, light;  
and where there is sadness, joy.*

*O Divine Master, grant that I may not so much seek  
to be consoled as to console;  
to be understood as to understand;  
to be loved as to love.  
For it is in giving that we receive;  
It is in pardoning that we are pardoned;  
And it is in dying that we are born to eternal life.*

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