

THIRD SUNDAY IN ORDINARY TIME

# COME AFTER ME.

— MARK 1:17 —

Benedictine Monks of Saint Anselm Abbey

## SAINT RAPHAEL PARISH

103 WALKER ST, MANCHESTER NH | 603-623-2604 | [WWW.ST-RAPHAEL-PARISH.ORG](http://WWW.ST-RAPHAEL-PARISH.ORG)

SUNDAY, JANUARY 21, 2024

## January 21, 2024 | Third Sunday in Ordinary Time

### Saint Raphael Parish Office Hours

#### Parish Office Hours

Monday—Thursday

9:00am to Noon & 12:30 to 2:00 pm

And by appointment

**Pastor:** Father Anselm Smedile, OSB

**Parish Phone:** (603) 623-2604

**E-Mail:** [SRP@st-raphael-parish.org](mailto:SRP@st-raphael-parish.org)

#### Address

103 Walker Street

Manchester, NH 03102

### Weekend Mass Schedule

**Saturday: 4:00 pm (Vigil)**

**Sunday: 7:30 am, 9:30 am, 5:00 pm**

**Weekday Mass Schedule Mon-Fri 12 Noon**

**Holy Days 12 Noon and 6:30 pm**

### Reconciliation

**Saturday 3:00 pm to 3:45 pm Sunday 4:00 pm to 4:45 pm and by appointment**



### Word of God Sunday - January 21, 2024

Pope Francis set aside 'a Sunday given over entirely to the word of God, so as to appreciate the inexhaustible riches contained in that constant dialogue between the Lord and his people' (*Misericordia et Misera*, 7). Devoting a specific Sunday of the liturgical year to the word of God can enable the Church to experience anew how the risen Lord opens up for us the treasury of his word and enables us to proclaim its unfathomable riches before the world."

### Concord March for Life - January 27th

Announcing the annual NH March for Life, Concord Sat Jan 27-theme is "Empowering Pregnant Women to Keep Their Babies". All are welcome to participate in any or all of these events

9:00am Memorial Service and Prayer at Concord Landfill  
77 Old Turnpike Rd, Concord

10:00am Mass at Christ the King Catholic Church on So Main St, Concord

11:30am Rally at Eagle Square  
(behind the big clock across street from statehouse)

Noon March down Main St back to Christ the King

1:00pm Light lunch and speakers at church hall  
Sponsored by NH Right To Life. For more information, go to [nhrtl.org](http://nhrtl.org)

### Parish Offertory

Due to the holiday and the snow day on Tuesday the Offertory numbers for this week will be listed in the next bulletin.



### Food Pantry

Our current food pantry needs are for **canned goods** for our neighbors. Please drop off donations either in the entryway of the Church or at the Rectory during office hours.



The Food Pantry was closed on Monday, January 15th in observance of the Martin Luther King holiday. The food pantry will be open again on Monday, January 22nd.

## January 21, 2024 | Third Sunday in Ordinary Time

**Monday, January 22, 2024** 2 Sm 5:1-7, 10 Ps 89:20, 21-22, 25-26 Mk 3:22-30  
**Tuesday, January 23, 2024** 2 Sm 6:12b-15, 17-19 Ps 24:7, 8, 9, 10 Mk 3:31-35  
**Wednesday, January 24, 2024** 2 Sm 7:4-17 Ps 89:4-5, 27-28, 29-30 Mk 4:1-20  
**Thursday, January 25, 2024** Acts 22:3-16 or Acts 9:1-22 Ps 117:1bc, 2 Mk 16:15-18  
**Friday, January 26, 2024** 2 Tm 1:1-8 or Ti 1:1-5 Ps 96:1-2a, 2b-3, 7-8a, 10 Mk 4:26-34  
**Saturday, January 27, 2024** 2 Sm 12:1-7a, 10-17 Ps 51:12-13, 14-15, 16-17 Mk 4:35-41  
**Sunday, January 28, 2024** Dt 18:15-20 Ps 95:1-2, 6-7, 7-9 1 Cor 7:32-35 Mk 1:21-28



### Mass Schedule and Intentions

#### Saturday, January 20 ~ Third Sunday in Ordinary Time (Vigil)

4:00pm: +Margaret & Edward Powers by Chris & Kevin Powers

#### Sunday, January 21 ~ Third Sunday in Ordinary Time

7:30am: +Jack Healy by the Family  
9:30am: +Jane & Walter Hebert by Dorene & Tony Turner  
5:00pm: Our Parish Family

#### Monday, January 22 ~ Day of Prayer for the Legal Protection of The Unborn Children

12:00pm: +Gerard & Madeleine Morin by the Family

#### Tuesday, January 23 ~ Weekday

12:00pm: +Carmelle LaRochelle by the Family

#### Wednesday, January 24 ~ St Francis de Sales, Bishop, Religious Founder & Doctor

12:00pm: +Edward Wade by the Family

#### Thursday, January 25 ~ The Conversion of St Paul, Apostle

12:00pm: For the Unity of all Christian Churches

#### Friday, January 26 ~ St Timothy & St Titus, Bishops

12:00pm: +Don & Rita DeCotis by the Family

#### Saturday, January 27 ~ Fourth Sunday in Ordinary Time (Vigil)

4:00pm: +Jeannette Pitman by daughter Maureen

#### Sunday, January 28 ~ Fourth Sunday in Ordinary Time

7:30am: +Clement & Lively family deceased by the Family  
9:30am: +Esther Leclerc by Dorene & Tony Turner  
5:00pm: Our Parish Family

### Parish Event Calendar

#### Saturday, January 20

9:00am Benedictine Oblates Meeting (Chapel)  
10:30am SRP Book Discussion (Parish Hall)

#### Sunday, January 21 *Word of God Sunday*

#### Monday, January 22

5:30pm Food Pantry

#### Tuesday, January 23

11:30am Parish Nurse (Church Conference Room)

#### Wednesday, January 24

6:00pm Young Peoples AA Meeting (Parish Hall)

#### Thursday, January 25

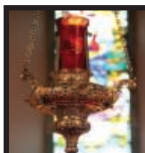
7:00pm NH Pipes & Drum (Gym)  
7:30pm Choir Rehearsal (Church)

#### Friday, January 26

#### Saturday, January 27

### Considering a Vocation?

"Come after me, and I will make you fishers of men." Fishing is an active verb. If you are being called to strengthen Christ's Church through a vocation to the priesthood or consecrated life, act. Talk to your priest or reach out to Fr. Matt Mason, the Vocations Director at 603-663-0196 or [mmason@rcbm.org](mailto:mmason@rcbm.org).



*The sanctuary candle burns  
this week for  
Christian Unity*

January 21, 2024 | Third Sunday in Ordinary Time

## 2024 Special Occasion Flower Memorials for the Altar

There are several dates throughout the year where we adorn the altar with flowers to celebrate a special liturgical Mass. We are inviting parishioners to cover the cost of the flowers by dedicating them in a loved one's memory. The memorial will be listed in the bulletin for each particular occasion as it occurs. The cost of the flower arrangement is \$110. If you would like to dedicate any flower arrangement for any of the dates listed below, please call the parish office. This is much like booking a mass intention, where one memorial will be intended for the flowers and does not include Easter and Christmas flowers where all parishioners are invited to dedicate Easter lilies and Christmas poinsettias in memory or in honor of loved ones. The dates still available for 2024 are listed below.

March 30-Easter Vigil

May 26-Trinity Sunday

November 24-Christ the King

May 9-Ascension

June 2-Corpus Christi

December 8- Immaculate Conception

May 19-Pentecost

November 1-All Saints/All Souls



### 2024 Mass Intentions

The **2024 Mass Intention** book is open for requesting Masses for loved ones. It is a common practice among the faithful to arrange Masses to be said for deceased loved ones on the anniversary of their passing or on other significant anniversary dates. We encourage you to contact the parish office early so that any specific dates that you want may be reserved. The customary offering is \$10 for each request.

### SRP Parish Directory

We are in the process of updating the parish records and directory to get current information for our parishioners and visitors. Some of the existing information we have contains outdated phone numbers, addresses, etc. Please take the time to get us any updated information you may have. Thank you!



### Winter Weather Policy

Just a reminder that if the Manchester Public Schools are closed due to weather conditions, all parish facilities are closed. The parish office is closed and there is no noontime Mass. Also, you may check WMUR for closing updates.



### Saint Benedict Academy

Catholic Schools

Saint Benedict Academy (Pre-K-6)  
85 Third Street, Manchester, NH

Principal: Tanya Parva

Contact: (603) 669-3932

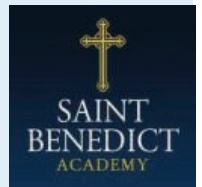
Website: [www.stbenedictacademy.org](http://www.stbenedictacademy.org)

January 27th 9:30 Family Mass & Coffee & Donuts with the Parish

January 28-February 5th Catholic Schools Week

January 30 6pm- SBA Open House

February 3rd- Spaghetti Supper with the Parish



### Parish Prayer List

All sick and/or medically fragile in our parish family and throughout our communities, our health care personnel, for first responders and essential workers: Sean O'Donnell, Paul Bedard, Jocelyn Ducharme, Richard Fudala, Jenna Harrington, Al Heidenreich, Cindy Kenny, Amy Lesniak, Fr. Tom McGann, Claude Morin, Jake Richards, Kitty B. Rene, Lillie Duquette, and Jacob Rivera. **If you would like a name placed on the prayer list or removed from the prayer list, please call the office at (603) 623-2604 or e-mail [SRP@st-raphael-parish.org](mailto:SRP@st-raphael-parish.org). Call each month to renew the listing.**

103 Walker Street, Manchester, NH 03102 | [www.st-raphael-parish.org](http://www.st-raphael-parish.org) | PHONE: (603) 623-2604



Register Today! Catholics (ages 13 +) who have been baptized, received First Communion and are practicing their faith but have not celebrated the **Sacrament of Confirmation** are invited to participate in our formation program designed specifically for individuals in this situation. Through presentations, reflections, prayer and discussion, an overview of our Catholic faith is presented. For more information or to register: Contact: Kate McGrath at [kate.mcgrath@st-raphael-parish.org](mailto:kate.mcgrath@st-raphael-parish.org) or 603-623-2604.

### Catholics in Recovery

**Catholic in Recovery** provides healing from addictions, compulsions, and unhealthy attachments. Meetings combine the spiritual principles of 12-step recovery and the sacraments of the Catholic Church. Join others in recovery as we overlap scripture from Sunday's Mass readings, liturgical themes, and recovery topics with honest discussion and prayer. Confidentiality is protected.

**Disordered Eating Recovery Group**—Tuesdays at 6:30pm at Ste. Marie's Church, Manchester

**General Recovery Group**—Thursdays at 1:00pm at St. Patrick's, 29 Spring Street, Nashua

### Sanctuary Candle

Have you noticed that the **Sanctuary Candle** burns each week for deceased loved ones or for parishioners intentions? If you would like the candle to burn for someone special, please contact the parish office. There is an offering of \$10 for each request.



*The 9:30 am Sunday Mass Choir is seeking new members. Please consider joining our Choir. We rehearse Thursday evenings from 7:30-8:30pm in the choir loft.*

Attention Lectors!

Please pick up the 2024 Workbook for Lectors in second sacristy.

### Rule of St Benedict On Humility

This week we resume the commentaries on the Rule of St. Benedict Chapter 7 On Humility, where we left off before Christmas.

The following is taken from "*Commentary for Benedictine Oblates on the Rule of St. Benedict* by G. A. Simon)

The seventh step of humility is that we consider ourselves lower and of less account than anyone else, and this not only verbally but also within our hearts, humbling ourselves and saying with the Prophet, "But I am a worm and no man, the scorn of men and the outcast of the people." (Psalm 21{22}:7) ... And again, "It is a blessing that you have humbled me, that I may learn from your commandments." (Psalm 118 {119}: 71,73).

The seventh degree of humility finds its complete application only in sainthood. It is indeed true that at certain moments, during prayer, the thought of God and His bounty, of our sins and ingratitude, puts our finger as it were on our wretchedness and our nothingness. But that, unfortunately, is only a passing thing. What St. Benedict would wish for us is to establish ourselves in that sentiment in a permanent way. We must, therefore, work for it; for all of us, whoever we are, are called to sainthood.

...the great teacher of humility is God. It is he who, when we respond to his grace and when we open our eyes "to the deifying light" makes us see what we are worth. And this humiliation is itself a mark of his love. That is why St. Benedict makes us say with the psalmist, "It is good for me that you have humbled me!" ...Humility renders us more teachable. And that is why God reveals himself by preference to the humble. Their heart is wholly disposed to listen to him, to be penetrated with his will, and to follow Christ wherever he wants to lead them.



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