



FOURTH SUNDAY IN ORDINARY TIME

AND THEY
OBEY
HIM.

— MARK 1:27 —

Benedictine Monks of Saint Anselm Abbey

SAINT RAPHAEL PARISH

103 WALKER ST, MANCHESTER NH | 603-623-2604 | WWW.ST-RAPHAEL-PARISH.ORG

SUNDAY, JANUARY 28, 2024

January 28, 2024 | Fourth Sunday in Ordinary Time

Saint Raphael Parish Office Hours

Parish Office Hours

Monday—Thursday

9:00am to Noon & 12:30 to 2:00 pm

And by appointment

Pastor: Father Anselm Smedile, OSB

Parish Phone: (603) 623-2604

E-Mail: SRP@st-raphael-parish.org

Address

103 Walker Street

Manchester, NH 03102

Weekend Mass Schedule

Saturday: 4:00 pm (Vigil)

Sunday: 7:30 am, 9:30 am, 5:00 pm

Weekday Mass Schedule Mon-Fri 12 Noon

Holy Days 12 Noon and 6:30 pm

Reconciliation

Saturday 3:00 pm to 3:45 pm Sunday 4:00 pm to 4:45 pm and by appointment



Bereavement Support Group

Have you recently lost a spouse or a loved one?
Are you struggling to navigate this difficult time?
If so, Catholic Charities NH is here to help with our “Bereavement— Experiencing Loss, Being Lost and Finding Your Way Again” online support group. The five-session program will be held via Zoom on Wednesdays at 1:30pm, starting January 24, 2024, and running through February 21. You will learn about the dynamics of grief, explore different coping strategies, and have an opportunity to connect with others in similar situations.

To register, visit www.cc-nh.org/bereavement or call Louise at 603-752-1325 ext. 4573.

There is no cost to attend.

SBA Spaghetti Supper

Saint Benedict Academy will be hosting a Spaghetti Supper after the 4pm Mass on **Saturday, February 3rd** in the Parish Hall. Serving times will be 5:15pm & 6pm... \$10 per person & \$40 max per family.



February Book Discussion: Our next book will be *The Wager: A Tale of Shipwreck, Munity and Murder* by David Grann. The book recounts the true story of the HMS Wager Munity in 1741. We'll meet on **Saturday, February 17, 2024** at 10:30 downstairs in the parish hall. To register and to receive discussion materials, please contact

Ann-Maria Contarino at [acon-](mailto:acon-tari@anselm.edu)

tari@anselm.edu.



Parish Offertory

January 20-21, 2024

Regular Offertory	\$	3,102.00
Stewardship	\$	200.00
Holy Day	\$	50.00
On Line Giving Total	\$	1,522.00
Food Pantry	\$	10.00

January 13-14, 2024

Regular Offertory	\$	3,606.00
Stewardship	\$	1,274.00
Holy Day	\$	65.00
On Line Giving Total	\$	602.00
Christmas	\$	250.00
Food Pantry	\$	45.50



Food Pantry

Our current food pantry needs are for **canned goods** for our neighbors. Please drop off donations either in the entryway of the Church or at the Rectory during office hours.



The food pantry was open for our neighbors on **Monday, January 22nd** and served **47 families**, including **59 children, 99 adults, 5 seniors, and 14 new families.** **eight** volunteers helped.

January 28, 2024 | Fourth Sunday in Ordinary Time

Monday, January 29, 2024 2 Sm 15:13-14, 30; 16:5-13 Ps 3:2-3, 4-5, 6-7 Mk 5:1-20

Tuesday, January 30, 2024 2 Sm 18:9-10, 14b, 24-25a, 30-19:3 Ps 86:1-2, 3-4, 5-6 Mk 5:21-43

Wednesday, January 31, 2024 2 Sm 24:2, 9-17 Ps 32:1-2, 5, 6, 7 Mk 6:1-6

Thursday, February 1, 2024 1 Kgs 2:1-4, 10-12 1 Chr 29:10, 11ab, 11d-12a, 12bcd Mk 6:7-13

Friday, February 2, 2024 Mal 3:1-4 Ps 24:7, 8, 9, 10 Heb 2:14-18 Lk 2:22-40 or Lk 2:22-32

Saturday, February 3, 2024 1 Kgs 3:4-13 Ps 119:9, 10, 11, 12, 13, 14 Mk 6:30-34

Sunday, February 4, 2024 Jb 7:1-4, 6-7 Ps 147:1-2, 3-4, 5-6 1 Cor 9:16-19, 22-23 Mk 1:29-39



Mass Schedule and Intentions

Saturday, January 27 ~ Fourth Sunday in Ordinary Time (Vigil)

4:00pm: +Jeannette Pitman by daughter Maureen

Sunday, January 28 ~ Fourth Sunday in Ordinary Time

7:30am: +Clement & Lively family deceased by the Family

9:30am: +Esther Leclerc by Dorene & Tony Turner

5:00pm: Our Parish Family

Monday, January 29 ~ Weekday

12:00pm: +Nancy Mullen Dufour by her Husband

Tuesday, January 30 ~ Weekday

12:00pm: +Gerard & Madeleine Morin by the Family

Wednesday, January 31 ~ St John Bosco, Priest

12:00pm: +Lucille Trembley by Eileen Smith

Thursday, February 1 ~ Weekday

12:00pm: Vocations to Consecrated Life

Friday, February 2 ~ The Presentation of the Lord

12:00pm: +Deceased of the Handy & Brunelle Families by Greg Handy

Saturday, February 3 ~ Fifth Sunday in Ordinary Time (Vigil)

4:00pm: Our Parish Family

Sunday, February 4 ~ Fifth Sunday in Ordinary Time

7:30am: +Ron DiStasio by Lillian & Lionel Coulon

9:30am: +John Kilroy (32nd Anniversary) by Diane Bolton

5:00pm: +Fr. Cecil Donahue, OSB

Parish Event Calendar

Saturday, January 27

Sunday, January 28

Monday, January 29

5:30pm Food Pantry

Tuesday, January 30

11:30am Parish Nurse (Church Conference Room)

Wednesday, January 31

6:00pm Young Peoples AA Meeting (Parish Hall)

Thursday, February 1

7:30pm Choir Rehearsal (Church)

Friday, February 2

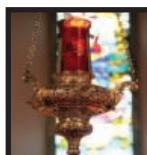
Saturday, February 3

9:00am Women's Fellowship (Parish Hall)

5:15 & 6pm **SBA Spaghetti Supper (Parish Hall)**

Considering a Vocation?

"I will raise up for them a prophet like you." If you think that you may be set apart by the Lord to serve Him as a priest or as a consecrated sister or brother, talk to your priest or reach out to Fr. Matt Mason, the Vocations Director at 603-663-0196 or mmason@rcbm.org.



The sanctuary candle burns this week for National Catholic Schools Week

January 28, 2024 | Fourth Sunday in Ordinary Time

Saint Benedict Academy

Catholic Schools

Saint Benedict Academy (Pre-K-6)

85 Third Street, Manchester, NH

Principal: Tanya Paiva

Contact: (603) 669-3932

Website: www.stbenedictacademy.org

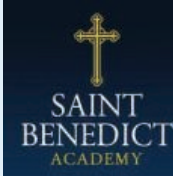
January 28th 9:30 Family Mass & Coffee & Donuts with the Parish

January 28-February 5th Catholic Schools Week

January 30 6pm- SBA Open House

February 3rd- Spaghetti Supper with the Parish

February 19th- No School- Presidents Day



The Benedictine Corner

Rule of Saint Benedict on Humility - the Eighth Step

The eighth step of humility is that a monastic does nothing but what is sanctioned by the common rule of the monastery and the example of the elders. (*Rule of Benedict, Chapter 7:55*)

Benedict is moving from a discussion of humility as a matter of disposition of the heart to humility as expressed in daily actions. The very first things he mentions are the rules that govern the life of the faith community. For Benedict, the Christian life is most fruitfully lived in community. We do not have to live in a monastery to benefit from this insight.

Functioning as an integral part of a community of faith is essential to one committed to Christ. Fundamentally, this is a living out of the truth that as a Christian, one is a member of the body of which Christ is the head. This biblical image often seems obscure or irrelevant, but it must mean something like: there is no such thing as an individual Christian any more than there is a living set of lungs or little finger, apart from the living creature's body. (*Preferring Christ by Norvene Vest*)

As we progress, we recognize that we are just one of many who are all in this together. While some equate humility with the previous steps of feeling worthless, these are only a stage, a "dark night" after which we see ourselves in a new way. Having admitted and made peace with our sins and frailties, we can go about the everyday business freed of some of the pretenses. We are not to feel that we have no talents or value but to celebrate all that we are as a gift from God. We can fully contribute to communal life because it is not about what we have or do but is a realistic assessment and acceptance of who we are. C. S. Lewis defined humility this way, "True humility is not thinking less of yourself; it is thinking of yourself less."

How do I feel when I don't get special treatment that I think I deserve?

Do I enjoy being the exception to the rule?

How satisfying is it to me to be "ordinary"?

(*St. Benedict's Rule: An Inclusive Translation and Daily Commentary by Sister Judith Sutura, OSB*)



2024 Flower Memorials for the Altar

We are inviting parishioners to cover the cost of the flowers by dedicating them in a loved one's memory. The memorial will be listed in the bulletin for each particular occasion as it occurs. The cost of the flower arrangement is \$110. If you would like to dedicate any flower arrangement for any of the dates listed below, please call the parish office. The remaining dates still available for 2024 are:

May 9 **The Ascension**, May 26 **Trinity Sunday**,
June 2 **Corpus Christi**, November 1 **All Saints/All Souls**,
December 8 **The Immaculate Conception**.



Winter Weather Policy

Just a reminder that if the Manchester Public Schools are closed due to weather conditions, all parish facilities are closed. The parish office is closed and there is no noontime Mass. Also, you may check WMUR for closing updates.



Parish Prayer List

All sick and/or medically fragile in our parish family and throughout our communities, our health care personnel, for first responders and essential workers: Sean O'Donnell, Paul Bedard, Jocelyn Ducharme, Richard Fudala, Jenna Harrington, Al Heidenreich, Cindy Kenny, Amy Lesniak, Fr. Tom McGann, Claude Morin, Jake Richards, Kitty B. Rene, Lillie Duquette, and Jacob Rivera. **If you would like a name placed on the prayer list or removed from the prayer list, please call the office at (603) 623-2604 or e-mail SRP@st-raphael-parish.org. Call each month to renew the listing.**

SAINT BENEDICT ACADEMY

invites you to our

Spaghetti



DINNER

SATURDAY, FEBRUARY 3
after the 4:00 PM Mass at St. Raphael Parish

5:15 and 6:00 PM Serving times
at the **PARISH HALL / SBA CAFETERIA**

DINNER INCLUDES:
PASTA, BREAD, SALAD,
DRINKS AND DESSERTS

**\$10 PER
PERSON
\$40 MAX PER
FAMILY**

Tickets will be sold after the opening mass on the 28th of January.

Money will also be accepted at the door
Kindly contact PTO @stbenedictacademy.org for any questions.

www.stbenedictacademy.org

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