



SAINT RAPHAEL PARISH

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SUNDAY, MARCH 10, 2024

4TH SUNDAY OF LENT

Benedictine Monks of Saint Anselm Abbey

For everyone who does wicked things hates the light and does not come toward the light, so that his works might not be exposed. But whoever lives the truth comes to the light, so that his works may be clearly seen as done in God. - Jn 3:20-21

March 10, 2024 | Fourth Sunday of Lent

Saint Raphael Parish Office Hours

Parish Office Hours

Monday—Thursday

9:00am to Noon & 12:30 to 2:00 pm

And by appointment

Pastor: Father Anselm Smedile, OSB

Parish Phone: (603) 623-2604

E-Mail: SRP@st-raphael-parish.org

Address

103 Walker Street

Manchester, NH 03102

Weekend Mass Schedule

Saturday: 4:00 pm (Vigil)

Sunday: 7:30 am, 9:30 am, 5:00 pm

Weekday Mass Schedule Mon-Fri 12 Noon

Holy Days 12 Noon and 6:30 pm

Reconciliation

Saturday 3:00 pm to 3:45 pm Sunday 4:00 pm to 4:45 pm and by appointment



Easter Flowers

There are envelopes at the Church entrances for Easter Flower donations. You may make donations in memory or in honor of loved ones. As donation of \$25 per intention is suggested.



SBA Food Pantry Drive

During Catholic Schools Week the SBA community held a food drive to support our Food Pantry. The classrooms collected a total of **580 items** for our pantry. The top three classrooms were **1st grade** with 168 items, **4th grade** with 99 items and **2nd grade** with 73 items. Thank you SBA for your generosity!

Lectio Divina

Lectio Divina (Sacred Reading) offered every Tuesday during Lent from 12:45 to 1:15pm February 20-March 26th in the Chapel.

WEDDING ANNIVERSARY MASS

Bishop Libasci invites couples celebrating 5, 10, 25, 50, and 60+ years of marriage in 2024 to attend a Mass in celebration of significant wedding anniversaries. The Mass will be held on **Sunday, May 5th, at 2:00 p.m. at Saint Joseph Cathedral, Manchester.** To register, please contact your parish office by April 12, 2024. The parish office will gather and submit all necessary information. Once registration has been completed by the parish office, all couples will receive a mailed invitation to this special celebration. To those celebrating the indicated anniversary years, congratulations and we look forward to seeing you at the Cathedral this spring! To register please contact the parish office: 603-623-2604, email srp@st-raphael-parish.org

March Book Club Please join the parish book group for a discussion of Kristin Hannah's new release, *The Women*. This novel traces the coming of age story of a young protagonist while celebrating the heroism of the nurses who served in Vietnam. To register and to receive discussion materials, please contact Ann-Maria Contarino at acon-tari@anselm.edu.



Food Pantry

Our current food pantry needs are for **canned goods** for our neighbors. Please drop off donations either in the entryway of the Church or at the Rectory during office hours.



Parish Offertory

March 2-3, 2024

Regular Offertory	\$	4,062 .00
Stewardship	\$	250.00
Holy Day	\$	50.00
On Line Giving Total	\$	1,222.00
Food Pantry	\$	185.00



The food pantry was open for our neighbors on **Monday, March 4th** and served **35 families**, including **55 children**, **79 adults**, **1 senior**, and **8 volunteers**.

March 10, 2024 | Fourth Sunday of Lent

Monday 2 Kgs 5:1-15ab Ps 42:2, 3; 43:3, 4 Lk 4:24-30
Tuesday Dn 3:25, 34-43 Ps 25:4-5ab, 6 and 7bc, 8-9 Mt 18:21-35
Wednesday Dt 4:1, 5-9 Ps 147:12-13, 15-16, 19-20 Mt 5:17-19
Thursday Jer 7:23-28 Ps 95:1-2, 6-7, 8-9 Lk 11:14-23
Friday Hos 14:2-10 Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17 Mk 12:28-34
Saturday Hos 6:1-6 Ps 51:3-4, 18-19, 20-21ab Lk 18:9-14
Sunday 2 Chr 36:14-16, 19-23 Ps 137:1-2, 3, 4-5, 6 Eph 2:4-10 Jn 3:14-21



Mass Schedule and Intentions

Saturday, March 9 ~ Fourth Sunday of Lent (Vigil)

4:00pm: +Dorothy & Robert Collins by Chris & Kevin Powers

Sunday, March 10 ~ Fourth Sunday of Lent

7:30am: +Arlene Ackerson by Dottie DeCotis
9:30am: +Margaret McGettigan (7th Anniversary) by Diane Bolton
5:00pm: +Gerard & Madeleine Morin by the Family

Monday, March 11 ~ Lenten Weekday

12:00pm: +Frank Giacoumis by John & Shauna Ryan

Tuesday, March 12 ~ Lenten Weekday

12:00pm: +John & Helen Zygmunt by Kathy Gunther

Wednesday, March 13 ~ Lenten Weekday

12:00pm: +Brian Tweedie by the Shanahan Family

Thursday, March 14 ~ Lenten Weekday

12:00pm: +Rev Marcel Allard

Friday, March 15 ~ Lenten Weekday

12:00pm: +Deceased Benedictines

Saturday, March 16 ~ Fifth Sunday of Lent (Vigil)

4:00pm: +Thomas Pitman Sr by his daughter Maureen

Sunday, March 17 ~ Fifth Sunday of Lent

7:30am: Our Parish Family
9:30am: +Ron Johnson (14th Anniversary) by Armand & Kathy Carignan
5:00pm: +Becky Vinson (1st Anniversary) by the Parish Family

Parish Event Calendar

Saturday, March 9

9:00am Benedictine Oblates (Chapel)

Sunday, March 10

Monday, March 11

5:30pm Food Pantry

Tuesday, March 12

11:30am Parish Nurse (Church Conference Room)
12:45pm Lectio Divina—Sacred Reading (Chapel)

Wednesday, March 13

6:00pm Young Peoples AA Meeting (Parish Hall)

Thursday, March 14

12:45pm The Chosen (Church Conference Room)
7:30pm Choir Rehearsal (Church)

Friday, March 15

12:30pm Stations of the Cross (Church)

Saturday, March 16

10:30am SRP Book Club (Parish Hall)

Considering a Vocation?

"Whoever lives the truth comes to the light." Your vocation is your sanctification in this life to lead you to sainthood in the next. Are you called to belong to Christ alone as a priest or through consecrated life? Talk to your priest or reach out to Fr. Matt Mason, the Vocations Director at 603-663-0196 or mmason@rcbm.org.



*The sanctuary candle burns
this week for
+Estelle Wilcox*

March 10, 2024 | Fourth Sunday of Lent

Saint Benedict Academy

Catholic Schools

Saint Benedict Academy (Pre-K-6)

85 Third Street, Manchester, NH

Principal: Tanya Paiva

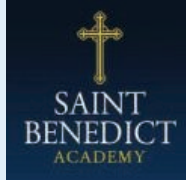
Contact: (603) 669-3932

Website: www.stbenedictacademy.org

March 15th-No School Professional Development Day

March 21st-Feast of Saint Benedict

March 29th-April 1 Easter Break



(Continued from the first column) The first requirement is a degree of privacy. The Gospels tell us as much (Matthew 6:6). We are not on display, we want to avoid interruptions and have a little peace and quiet. Such a space is created by the convergence of three elements: a suitable location, a suitable time, and the cooperation of those with whom we live.

The second requirement is illumination. Whereas often works best in dimness, *lectio divina* obviously needs sufficient light to read the text comfortably.

Some who spend a lot of time sitting find that to read standing is a pleasant change. As with meditation, those with more agile joints may find it useful to sit on the floor. This gives a different quality to the space around us...define an area with a mat or cloth or by adding a candle or some sacred symbol or icon. (*Sacred Reading: The Art of Lectio Divina* by Michael Casey OCSO)

The Process of Lectio Divina

Lectio - reading/listening

The art of *lectio divina* begins with cultivating the ability to listen deeply, to hear "with the ear of our hearts" as St Benedict encourages us in the Prologue to the Rule.

Meditatio - meditation

Once we have found a word or a passage in the Scriptures which speaks to us in a personal way, we must take it and "ruminate" on it. Through *meditation* we allow God's word to become his word for us, a word that touches us and affects us at our deepest levels.

Oratio - prayer

The third step in *lectio divina* is *oratio* - prayer: prayer understood both as dialogue with God, that is, as loving conversation with the One who has invited us into his embrace; and as consecration, prayer as the priestly offering to God of parts of ourselves that we have not previously believed God wants...we allow the word that we have talked in and on which we are pondering to touch and change our deepest selves

Contemplatio - contemplation

Finally, we simply rest in the presence of the One who has used his word as a means of inviting us to accept his transforming embrace. No one who has ever been in love needs to be reminded that there are moments in loving relationships when words are unnecessary. It is the same in our relationship with God. Wordless, quiet rest in the presence of the One Who loves us has a name in the Christian tradition - *contemplatio* - contemplation. Once again we practice silence, letting go of our own words; this time simply enjoying the presence of God. (*Accepting the Embrace of God: The Ancient Art of Lectio Divina* by Fr. Luke Dysinger, OSB)

The Chosen

See Jesus through the eyes of those who met him!

Join us for Thursday afternoons from 12:30pm —2pm at the Conference Room: Saint Raphael Church

The next episode is **Thursday, March 14th** after the noon

Mass. We will be showing "The CHOSEN," Season One

There will be time for reflection and discussion each week

based on the episode watched. There is no fee for attending,

though a free will offering is welcome to

offset the cost of a light lunch. To register

call the parish office :603-623-2604



The Benedictine Corner - Lectio Divina II

Before getting into the actual flow of *lectio divina*, here are a few simple things that can make a change in the outcome of our efforts.

Ambience. If you do your lectio divina in areas associated with other activities, don't be surprised if you are assailed by distractions. Desk-workers will probably find that residual associations and memories associated with work will crowd in on our lectio when this is done at our desk...discover a location that helps us remain alert and yet is relatively free from opportunities of mind wandering.



PARISH PRAYER LIST All sick and/or medically fragile in our parish family and throughout our communities, our health care personnel, for first responders and essential workers: Sean O'Donnell, Paul Bedard, Jocelyn Ducharme, Richard Fudala, Jenna Harrington, Al Heidenreich, Cindy Kenny, Amy Lesniak, Fr. Tom McGann, Claude Morin, Jake Richards, Kitty B. Rene, Lillie Duquette, Jacob Rivera and Joanne Chase. **If you would like a name placed on the prayer list or removed from the prayer list, please call the office at (603) 623-2604 or e-mail SRP@st-raphael-parish.org. Call each month to renew the listing.**

103 Walker Street, Manchester, NH 03102 | www.st-raphael-parish.org | PHONE: (603) 623-2604

CLEAN

UP

DAY

*Come join
us!*



March 23, 2024

Coffee & Donuts at 7:40am ...

Clean up starts at 8am!

Volunteers are needed to help clean the interior of our church! Donate 30, 60 or 90 minutes of your time to help make our church sparkle & shine!

Sign up sheets are @ the entrance of our church!

Or Contact our office @ 603.623.2604

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